

## **BRAVEHEARTS PROGRAM FOR DADS**

...an initiative designed to provide an array of services to fathers.

Through workshops, fathers learn the important role they play in their children lives, how to be active and contribute positively to their children's well being.

Workshop graduates receive father-to-father mentoring that provide a positive male mentor who encourages and supports participants to re-connect and stay connected with their children.

Monthly activities are planned for dads, their children and mentors along with peer support.

Fees are based on residence and/or referral status, sliding scale available to those who qualify. Participants may also qualify for Case Management services.

IT IS CLEAR THAT  
INVOLVED FATHERS  
*POSITIVELY* IMPACT  
OUR SOCIAL FABRIC.

For more information on  
**BRAVEHEARTS**  
TRAINING FOR PROFESSIONALS

Contact:

Program Scheduler  
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healthyfamilies@healthyfamilieskc.org



[www.healthyfamilieskc.org](http://www.healthyfamilieskc.org)

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Kansas City, MO 64119-4467

Phone: 816-508-1600

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### **Our Mission:**

*We strengthen families through in-home and community-based parenting education and mental health treatment services designed to prevent abuse, ensure healthy physical and emotional development, increase positive fathering and mothering, build loving couples, and keep families intact to ensure everyone has a safe, stable and nurturing family.*



Our agencies help at-risk children and their families throughout Missouri and Kansas by offering a comprehensive range of direct, specialized services.

Gillis Marillac Ozanam Spofford

**Healthy Families Counseling & Support**

EFFECTIVELY  
ENGAGING FATHERS  
IN YOUR SERVICES

# WORKING WITH FATHERS

TRAINING FOR PROFESSIONALS

*Presented by*

**BRAVEHEARTS  
PROGRAM  
FOR DADS**



## WORKING WITH FATHERS TRAINING FOR PROFESSIONALS

Designed for Professionals working with Men who are voluntarily, or by court order, seeking a better relationship with their children. This practical, idyllic and relaxed training on how to engage fathers uses interactive presentations, exercises and videos.

Instruction focuses on factors affecting fatherhood such as:

- Perceptions as competent caregivers
- Beliefs about fathering
- Psychological wellness & Role stress
- Characteristics of their child
- Relationship with their child's mother
- Network of support outside of family
- Economic and work-related status
- Social isolation

THE INTENT OF  
**BRAVEHEARTS**  
IS TO ACTIVELY  
ENGAGE FATHERS IN  
THE LIVES OF THEIR  
CHILDREN.

## WORKING WITH FATHERS TRAINING OBJECTIVES

Professionals will gain knowledge of and discuss solutions to:

- Aspects of fatherlessness
- Effects on kids living without their dads
- Barriers to engaging fathers
- Strategies for engaging fathers
- Worker biases
- Social barriers for fathers
- Collaboration with multiple providers



Additional components of paternal issues covered:

- Role Modeling
- Bonding
- Communication
- Co-Parenting
- Effective Discipline

NO ONE IS EXEMPT  
FROM KNOWING A  
CHILD GROWING UP  
WITHOUT THEIR  
FATHER.

### *ABOUT US*

#### **BRAVEHEARTS PROGRAM FOR DADS**

training staff are Masters Level Clinicians experienced in working with fragile families and fathers in urban and rural settings.

Since its inception in 2005, **BRAVEHEARTS** and staff have enhanced the involvement of fathers with their children.



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